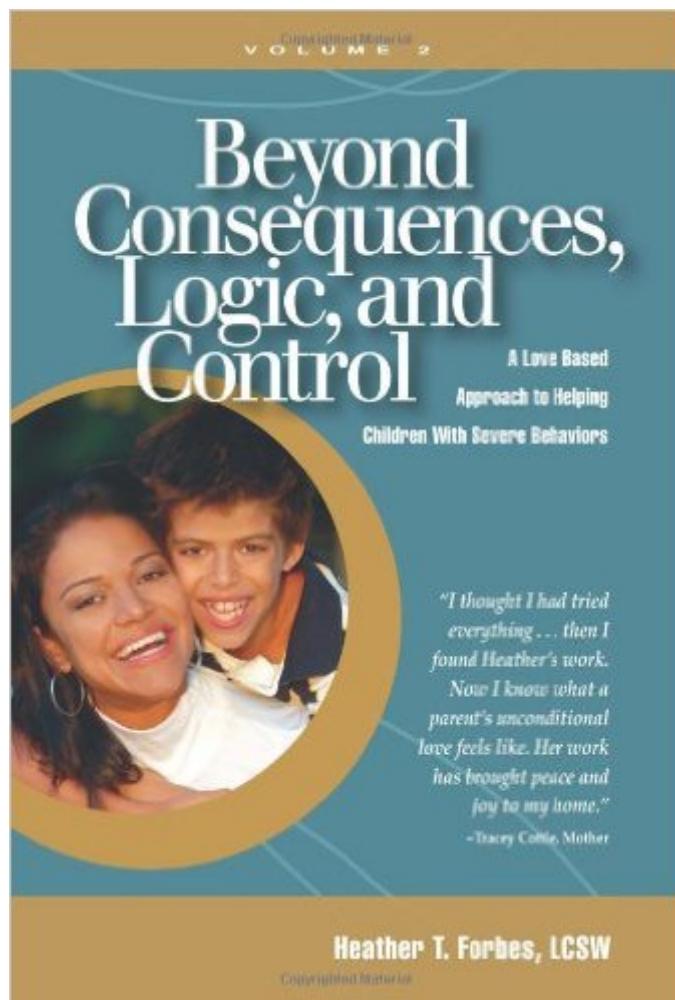


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# Beyond Consequences, Logic, And Control, Vol. 2



## **Synopsis**

We are living in one of the most stressful times in human history. This abundance of stress is impacting families and in many cases, manifesting itself in children with difficult and severe behaviors. Homes often turn into intense fighting grounds of power struggles and control battles parents find themselves in us against them scenarios with their children. Tension continually builds and before long, parents are feeling completely overwhelmed, powerless, and resentful of their children. As parents implement traditional parenting techniques, parenting in a way that most parenting books recommend, they find their situations becoming worse, not better as promised these resources. It doesn't have to be this way! Heather T. Forbes, LCSW, offers families a new view to parenting children with difficult and severe behaviors. As a parent herself who experienced dark days (and years) following the adoption of her two children, she offers a ground-breaking approach to parenting that shows parents a proven way to develop strong and loving relationships with their children. In her new book, *Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors, Volume 2*, Heather offers practical and effective solutions based in scientific research, coupled with professional and personal experience. She is a master at bridging the gap between academic research and real life when the rubber hits the road parenting. This book is written in an easy to understand and easy to grasp format for anyone working with or parenting children with difficult or severe behaviors. The first six chapters discuss the principles of her love-based parenting paradigm. A new understanding of why traditional parenting techniques are ineffective with children with difficult behaviors is given, along with clear and concise explanations of the science behind trauma and negative early life experiences. The next seven chapters address specific behaviors, including poor social skills, homework battles, demanding behaviors, self-injury, defensive attitudes, no conscience, and chores. Each chapter gives specific examples of how to implement her parenting principles, empowering parents to make amazing and permanent changes in their homes. All the examples given throughout these chapters are true stories provided by parents who read and implemented her first book, *Volume 1*. The book ends with a parenting bonus section where more real-life stories from real-life parents with real-life children are given. These examples range in the spectrum of the ages of the children and a variety of behavioral issues. This book offers hope and healing. It goes beyond just changing a child's behaviors but goes to the level of healing for all family members. This book has the power to literally change families for life and to help families find the peace in their homes that they dreamed of from the beginning--and the peace they deserve!

## **Book Information**

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## **Customer Reviews**

This book should get 10 stars!! I feel adoptive parents everywhere should read this book and Vol 1 with the same title, as a prerequisite to adoption. I felt let down by our agency ( although it's not their personal fault) almost 2 years after our first adoption when I found this information. ALL adoptive families should know and understand the Stress Model, and the effects of trauma on the developing mind.(Before bringing their child (ren) home if possible!!) There is just a world of information, science, and stories from families who have used it and seen healing. I highly recommend the book, the model, the author. I cannot say thank you Heather enough for the work you do for families. I am now a certified instructor with BCI but most of all 'just a parent' to 8 wonderful children, 4 who were adopted, and 1 'step'. I do not normally categorize my children, but I just wanted to let you know, I am here in the trenches. I own and have read at least 40 books on these topics. THIS ONE is the one that opened my mind and world to change...Buy it Read it Live it

I loved the first book, and didn't realize how much new content this new volume would contain. I have loved applying these concepts to my parenting the last year or two, and the new revelations from this volume have been huge for me!! I have been able to apply these principles and research to my daily life and see changes in my daughter and in our relationship! I especially have grown by understanding the power of our subconscious thoughts and the "truths" we created in the past and how we unknowingly bring those feelings and responses into current situations, until we can recognize them and separate them from today's responses. Not only has this helped me understand and respond to my daughter, but I have been able to challenge many of my past responses and

thoughts- making me a better mom and even a better wife. My husband and I continue to revisit the pages of this book as we are growing and learning how to parent from a place of love versus fear! I have recommended this book to many parents! Stick with these concepts- it is a whole new way of thinking that requires re-training your automated responses--- SO WORTH EVERY BIT OF EFFORT WHEN YOU SEE YOUR CHILDREN AND FAMILY BEGIN TO OVERCOME AND THRIVE- TOGETHER!

I wish there was a way for every adoptive family to learn this parenting style, but this book and vol. 1 are for any family dealing with severe behaviors. They address many behaviors, and teach you how to increase your stress "window" (your ability to handle stress) as well as your struggling child's. I wish I had known these principles when my mother was angry and frightened before she died two years ago. We have two daughters adopted from China, and were seeing a downward spiral in behavior in one of them. We were using a traditional method of parenting consisting of punishment and consequences which had worked fine with our five bio children, but things only got worse. Our precious girl was so stressed that she could barely face a day. After several months of using the Beyond Consequences approach we now have joy and peace (for the most part). Our daughter now feels safer, and talks to us about her struggles! Childhood trauma never goes away, but it can be healed to a great extent. I really cannot believe the change in our home. I pray for wisdom nearly every day, and these books were just a miracle for me. My husband and I are also taking the Beyond Consequences Institute online parenting class now, and it really helps us to stay on track with using this approach. Highly, Highly recommended!!

I can't even imagine the place that my family would be if not for Heather and Beyond Consequences. 5 years ago we adopted a 5 and 7 yr.old from Ukraine who spoke no English whatsoever. The first few months were magical--- and then the reality set in, and no one had prepared us for the severe tantrums, physical violence, defiance and other extreme behaviors from our sweet children. Other books, programs, even counselors were tried and failed. They were out of control, and we were about out of our minds. We learned about Heather's first book, along with Brian Post almost by accident. We reluctantly attended a seminar, and the last 3 years have been difficult, but we had to completely change the way we parented, and the way we thought about parenting. That in itself was by far the most difficult and challenging process. But as we were learning and understanding, our kids were healing and their extreme behaviors were decreasing. It was almost miraculous how well they would respond to our "new" skills. We all still have our

moments, and our children are not perfect-- and we are by far imperfect parents-- but if these paradigms did not work for you at first, hang in there. You'll probably refer back to them later. I think EVERY parent can benefit by these books and learning better and more effective ways to parent. And it's never too late to start, but I will warn you-- the more ingrained your current ideology is about parenting and handling your children as well as yourself, the more difficult it will be to work through and apply the Stress Model. But it's not corny-- real love does conquer all. It just doesn't win without a fight.

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